



CHRIST EPISCOPAL CHURCH



MARCH 2022 - CHRONICLE

Steadfast and growing since 1870

Where we seek to glorify God, follow Jesus Christ, and serve all people through the power of the Holy Spirit,
as a community of companions walking together in the Way of Christ's Love for all.

Lent—The Journey Begins

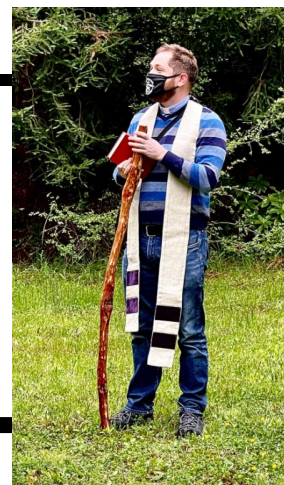


Almighty God, by the prayer and
discipline of Lent may we enter into
the mystery of Christ's sufferings,
and by following in his Way
come to share in his glory;
through Jesus Christ our Lord. Amen.

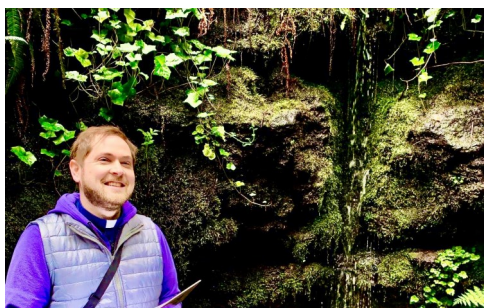
FROM THE RECTOR

The Rev. Dr. Daniel D. London

Jesus gives us guidance for our Lenten practice



On Ash Wednesday sermon, we heard Jesus give us guidance for our Lenten practice. He did not say, “if you give,” “if you pray...” and “if you fast.” Rather, Jesus said, “when you give, when you pray, when you fast” (Matthew 6:2, 5, 16) because Jesus expects his followers to engage regularly in these spiritual practices. However, we do not engage in the practices of stewardship, prayer, and fasting in order to earn God’s love. Not at all. God’s love is freely given to us, constantly being poured out lavishly upon each of us at every mo-



ment. We engage in these practices in order to align ourselves more deeply with that ever-flowing love and to become more receptive to the blessings being showered upon us. The invitation of Lent is not so much to climb a mountain but rather to stand under a waterfall and get drenched. This year, Christ Church offers several exciting opportunities for us to get drenched by the cascades of God’s ever-flowing love. Below are just some opportunities that I want to highlight:

***Lenten Virtual Retreat with the Cloud of Unknowing* March 5 from 10 AM to 3 PM**

This virtual retreat based on *The Cloud of Unknowing Distilled* is hosted by the Pacific Center for Spiritual Formation. Although I will be leading the retreat, the dominant voice will be the author of *The Cloud* and prayerful silence. This is a time to simply rest and become receptive to God’s love, using a simple and ancient prayer technique, described by a 14th century English mystic. Although purchasing [the book](#) is recommended, it is certainly not required; and the retreat is free. Here is the link to register: <https://us02web.zoom.us/join/register/tZMtf-GtrzsiHNZqiNVQtSD7rMvecFGo2i-A>

***Bobby Jo Valentine concert* March 5 at 7:30 PM**

Bobby Jo Valentine is a sought-after speaker, songwriter, and storyteller who grew up here in Northern California. His songs are both earthbound and mystical, and speak to the general, everyday awakenings of an openhearted life. His words, music, and presence among us will increase our receptivity to God’s countless blessings. I encourage you to attend this concert in person (since we will not be livestreaming it) and to bring along a friend or two!

***Centering Prayer* Monday nights at 6:30 PM**

A core group of Centering Prayer practitioners have been meeting regularly on Monday nights for several months. I encourage you to participate in this life-changing prayer practice, which is based on the prayer described in *The Cloud of Unknowing*. Fr. David Shewmaker leads this group with Archdeacon Pam and Steve Preston; and I’m personally planning to participate every Monday throughout Lent. To receive the zoom link for this meeting, please email christchurchureka@gmail.com.

Jesus gives us guidance for our Lenten practice — The Rev. Dr. Daniel D. London

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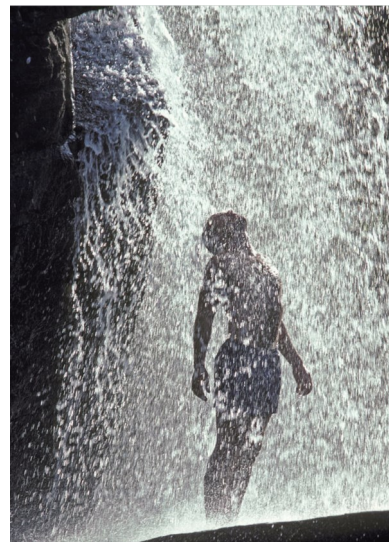
Evensong Wednesday nights at 5:30 PM

All great Anglican cathedrals offer Evensong and so it is only right that we should offer Evensong throughout the season of Lent, as the unofficial “Cathedral of the North Coast.” Evensong is essentially a sung version of Evening Prayer (Book of Common Prayer, p. 115 – 126) and “to sing a prayer,” according to St. Augustine, is apparently “twice as effective” in increasing our receptivity to God’s love. Mother Lesley, Merry Phillips, and David Powell have been working diligently to offer stunning Evensong services every Wednesday evening starting at 5:30 PM throughout Lent. Join us in person as we sing our beloved evening prayers.

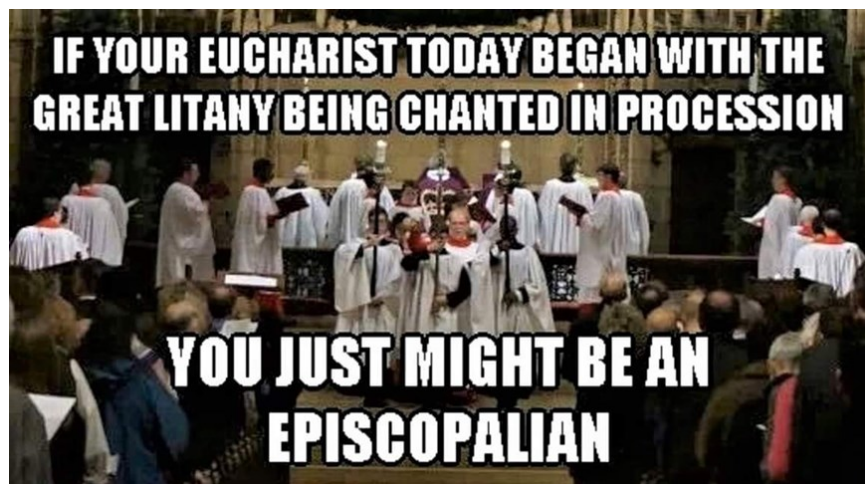
Sacred Saunter at Sequoia Park on Saturday April 9 at 11 AM

This year, we will be offering one Lenten Sacred Saunter Outdoor Eucharist, which will be held at Sequoia Park on Saturday April 9 at 11 AM. This outdoor worship service has become a favorite for many and we hope to offer more in the months to come. As we saunter together, we bathe in the health-beneficial phytoncides released by the redwoods as well as in the glory of God’s benison. (We will also offer a Sacred Saunter Stations of the Cross service at Sequoia Park on April 15 at noon and a Holy Saturday Sacred Saunter at Deacon Anne’s home on April 16 at 11 AM.)

Along with these unique and exciting opportunities to stand under the waterfall of God’s love, we will, of course, be offering our powerful Holy Eucharist services at 8 and 10:30 AM each Sunday, starting this Sunday with the Great Litany. I encourage you to join us for as many of these opportunities as you can throughout this season of intense and intentional prayer. I also encourage you to invite your friends to come and see what it’s like to stand under the waterfall of God’s love and get drenched!



A handwritten signature in black ink, appearing to read 'D.L.' with a stylized flourish.



The Observance of a Holy Lent

The Rev. K. Lesley McCloghrie, Associate Priest



This year, with the arrival of March came with the beginning of Lent, the season of forty days of preparation for Easter. On Ash Wednesday with these words, the Church invites us to the observance of a holy Lent.

“Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.” *BCP 264, 265*

This year, how will we respond to the Church's invitation? These Lenten days are a pilgrimage that will take us not only to the Paschal celebration of new life and hope, but also toward a better understanding of ourselves, and of our relationship with God.

There are so many different approaches to this pilgrimage and, if you are like me, and I suspect you are, you will have tried most, if not, all of them. Do you recognize these? The ‘giving up’ Lent, when we try to tame our bodies and souls by a type of fasting, chocolate, ice cream, alcohol, and sometimes coffee seem to be favorites in this category. Sometimes we give up meat, or give up meat only on Friday and Wednesdays. Many years ago in another city, I knew someone who ‘gave up’ criticizing her choir director and given the amount of music that was sung during Lent, she found this quite challenging!

There is the ‘adding to’ Lent, where we add another form of prayer, of social outreach, or alms giving. Often, we might add reading, daily devotions, meditation, or attending extra worship services to our daily routine. I know that I have read many enlightening, and many really dull books on my Lenten pilgrimages.

This said, one of my favorite images for Lent comes from “Gaudy Night” one of the Lord Peter Wimsey novels written by Dorothy L. Sayers. In it a curate is quoted as praying, “Lord teach us to take our hearts and look them in the face”. To take what is in our innermost beings, our intimate thoughts, our feelings, insecurities and prejudices and examining them, is not an easy or a comfortable thing to do. During this season of Lent, I wonder, might this be something for us to focus on? To take the image of our spiritual hearts and find where they may need some repair?

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The Observance of a Holy Lent — The Rev. K. Lesley McCloghrie

Continued from page 5

Each year the beginning of the Lenten fast brings us a new beginning, an opportunity to turn, “metanoia” from the Greek meaning to change one’s mind, to repent and return to the Lord, to be reconciled to God. Ezekiel in his prophecies speaks to this, in chapter 36, verse 26.

“A new heart I will give you, and a new spirit I will put within you; and I will remove from your body the heart of stone and give you a heart of flesh.”

I wonder what life events have hardened our hearts? Have we failed to forgive others or ourselves? Do we allow ourselves to be vulnerable to one another, or do we instead turn away into ourselves? Have we failed to love, as we are all loved? We might consider one of the scriptures assigned for Ash Wednesday, taken from the prophet Joel:

“Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing.” *Joel 2:12*

Our hearts are rent asunder by so many of the events of our lives, think of death, illness, loss, sadness and sorrow. In our world we are still in the midst of a pandemic, and now war in Ukraine. There is much to grieve.

This Lent let us pray thus: “Lord teach us to take our hearts and look them in the face”, taking our hearts, putting them under the microscope, opening them and seeing what needs to be mended. Joel tells us to return to the Lord, for “God is gracious and merciful slow to anger and abounding in steadfast love”. God’s grace and mercy, God’s boundless love, will soften our hearts, giving us new hearts, contrite hearts, and most of all, loving hearts. Hearts of flesh that we will not be afraid to look in the face.

Direct us, O Lord, in all our doings with thy most gracious favor, and further us with thy continual help; that in all our works begun, continued, and ended in thee, we may glorify thy holy Name, and finally, by thy mercy, obtain everlasting life; through Jesus Christ our Lord. Amen. BCP 832

Lesley+



The World Being Too Much With Us

The Rev. David Shewmaker, Associate Priest



Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven...."

"And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you...."

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also." (Matthew 6.)

Piety, also called righteousness in some translations, has both an internal and an external properties. The internal characteristics are defined as spiritual realities, such as being upright, righteous, virtuous, keeping the commands of God. The external attributes might be thought of as ways in which the internal characteristics are demonstrated in the world. It is clear that Jesus doesn't recommend the external piety, because He understood that humans always are tempted to show off how good or great they are. Humans are always trying to "store up treasures on earth," all the while ignoring that many things can destroy those earthly treasures.

It is especially difficult to keep our attention on the internal aspects of virtue when the world is "too much with us." (For the whole Wordsworth poem see <https://www.poetryfoundation.org/poems/45564/the-world-is-too-much-with-us>) That which the world demands of its constituents is the constant seeking after more and more materials that are falsely promised to bring us happiness. All sorts of media

are used to promote this falsehood. We are bombarded with this seduction so much, that many of us just turn off the media and return to looking at nature and resting in the felt presence of God and God's son and God's Holy Spirit.

The problem is that, in our current Materiality worshipping culture, we are being constantly seduced away from our interior spaces into only desperately sought after exterior spaces, objects, and awareness. I know people who have some kind of media running all the time, maybe just in the background, but nevertheless impinging on their consciousness. I have a dear friend and relative who cannot sleep unless she has a book recording playing quietly as she falls asleep.

So, in such a world, how does one enliven one's internal spaces? Is there not just too much noise going on outside to be able to get to the quiet of the inside? As is usual, Jesus gives us the resolution to this problem: *"But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you...."*

What? Pray? Absolutely! But not loudly and eloquently "in order to be seen by others," but quietly and humbly and obediently "in secret." I must point out to you that anyone can do this at any time and that God is listening at any time and all the time. If one follows this simple guidance from our Lord, especially if one does this consistently, hopefully daily, then one will eventually hear the language of God, which is silence. Yes. Silence, but not absence: actually, it is in total presence and the awareness thereof, which the voice of God speaks to us.

The "hypocrites" that Jesus speaks of have perverted what should be an intimate internal experience with the Holy One (wholly one) into a pathetic public display of self-righteousness. They are storing up "treasures on earth," ignoring that these treasures are fleeting and of no real value.

The World Being Too Much With Us — The Rev. David Shewmaker

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I am fully aware that many folks, perhaps most folks, have seldom had an experience of the spirit within, never experienced the complete joy of basking in the presence of our Creator. After all, they have been seduced by the noise of the world since they were toddlers. They were children who mimicked their harried parents, whose attention was often drawn away from the precious child because they were so exhausted from life in the fast lane.

So, if you would like to try a little interiority (where God is patiently waiting your attention and intention,) I invite you to sit comfortably and close your eyes, and petition God to make his presence known to you. You may want to repeat his Name silently, such as Yahweh or Yeshua. Or, better yet, join us by zoom on Monday evening at 6:30 PM as we practice centering prayer. (Contact me at presbytercc@gmail.com for the link.)



(See Romans 8:26-28.)



Centering Prayer

Mondays at 6:30 pm on Zoom

Please email the church office to receive the Zoom link.

Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself. This method of prayer is both a relationship with God and a discipline to foster that relationship.



Welcome Lent

UPCOMING CONCERTS—EVENSONG

Merry Phillips



While I have plenty of news to share this month, I also just wanted to take a moment to share something from one of my favorite bloggers, Ashley Danyhew. I have been pondering the notion of learning to say “no” for a while and finally reached the conclusion that for me, it is really about learning when to say “yes.” I recently made a difficult decision to step away from an organization I’ve been involved with for several years. It was the right decision for me though I know that many see it as selfish. I’m not immune to feelings of guilt and so I found much comfort in these words from Ashley Danyhew:

As we enter the season of Lent ... we're reminded about the importance of stripping away, paring down, and doing without to make space for the things that matter.

Sometimes that means giving something up and learning to live without it for a while. Sometimes it means taking something on—a new habit or practice or commitment or pledge.

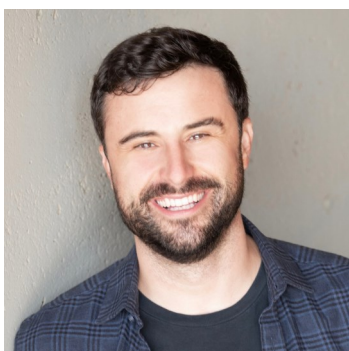
Sometimes it means holding space for those who need it (like the people of Ukraine 🇺🇦🇷🇺).

We know that saying yes to something means saying no to something else. It works the other way, too. When we say no to something, it frees us to say a more intentional, whole-hearted yes somewhere else.

Emily P. Freeman writes, “Choose your absence so that your presence will have more impact.” For many of us, we have the privilege to decide what that looks like.

Where will your presence matter the most in this season? Where can you make a difference? Where will you choose to be absent for a while?

One of the ways Christ Church parishioners make a difference is choosing to be involved in various activities, including concerts and special services. Many thanks to our stream team, ushers, volunteers at the door, and all who make these upcoming events possible!



Bobby Jo Valentine: An Intimate Concert of Hopeful Folk and Pop Music

Bobby Jo Valentine is a singer, songwriter and storyteller who grew up on the windy seaside of Northern California. He has been called a hopeful, realist poet and a philosopher for the people. His songs have been described as both “earthbound and mystical.” On Saturday, March 5 at 7:30, Christ Episcopal Church will welcome Bobby Jo for his first Eureka concert. The concert is open to the public, but we hope many parishioners will choose to attend as well! The suggested donation is \$20.

The doors will open at 7:00 pm and attendance will be limited to the first 60 to arrive (because of COVID protocols). Proof of vaccination will be required at the door – either a vaccine card or a photo of your card. For the safety and protection all the church requires everyone to wear masks indoors and be *’up to date’ with vaccinations.

***Up to date** means a person has received all recommended COVID-19 vaccines, including any booster dose (s)when eligible. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

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In his online bio, Bobby Jo describes how he grew up in a conservative Baptist Church tradition with “strict lines and sharp edges,” and emerged and grew into what he calls “a larger, kinder, more welcoming faith.” He believes that the messages taught by Jesus – “a last-shall-be-first mentality, a humble spirit-focused life, and a peace-centered, anti-empire, anti-materialist story” – are relevant, inspiring, powerful and needed more than ever in this day and age.

His music and artistry cross the lines of many genres. His “catchy songs with good tunes and intelligent, thoughtful lyrics in the tradition of Bob Dylan, Cat Stevens, and Bruce Hornsby,” described by Tony award winning composer Steven Schwartz (*Pippin, Godspell, Wicked*) reach listeners across all walks of life. The poetic nature and spiritual focus of his stories and songs has resulted in notable awards and a loyal following around the country. In 2015 he was named “Songwriter of the Year” by the West Coast Songwriters’ Association and *Indie Music Digest* has described him with “10 out of 10 stars – a world-class singer/songwriter.”

He has sold more than 20,000 albums and has just released his newest collection of songs, recorded in Nashville, called *Temporary Weather*. His CDs will be for sale following the concert.

Music, videos, and more are available at bobbyjovalentine.com. I hope you will come and enjoy this concert next Saturday evening!

Lenten Music Programs and Evensong on Wednesday Evenings

Please join us for a weekly half hour music program followed by Evensong during the Lenten season. These will be on Wednesdays, beginning at 5:30 pm. In past years, we offered Lenten music programs on Fridays at noon. Because the Advent music programs and Evensong were so well-received, we decided to continue this new tradition for Lent.

Proof of vaccination will be required at the door – either a vaccine card or a photo of your card. For the safety and protection all the church requires everyone to wear masks indoors and be **“up to date”* with vaccinations.

***Up to date** means a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>



The music programs will feature instrumental music and performers:

March 9	Merry Phillips, organ	March 30	Doug Moorehead, organ
March 16	Thomas Swanger, organ	April 6	Merry Phillips, organ.
March 23	Nancy Streufert, flute and Paul Gossard, guitar; Nancy S., flute and Merry P., Paul G., guitar solo.		

The much-loved service of Evensong was first introduced during the Reformation, in the 1549 Book of Common Prayer (BCP), the first English (i.e., as opposed to Latin) prayer book. Archbishop of Canterbury Thomas Cranmer reduced the total number of daily Roman monastic offices from nine to two, and the two new English services, Morning Prayer (Matins) and Evening Prayer (Evensong), have been said or sung daily, nearly unchanged, in Anglican houses of worship ever since. They consist of lessons from the Old and New Testaments, psalms, prayers, responses, and canticles (literally “little songs”).

Evensong at Christ Church will be a short (ca. 30 minute) service incorporating elements from the Daily Evening Prayer office. The services will be officiated by The Rev. Dr. Daniel London and The Rev. Lesley McCloghrie with the choral parts sung by a schola of Christ Church singers led by David Powell.

Please join us for these opportunities to quiet our minds and open our hearts with music, prayer, and silent contemplation.

From the Senior Warden

Steven Preston



To begin, I was humbled, honored, and a bit intimidated, to be asked by Fr. Daniel to serve as Senior Warden this year. And I am challenged to follow in the footsteps of Royal McCarthy and Jackie Moore. I hope that my pastoral education and experience will be of help to us and our Rector as we journey forward together this year.

This will be an exciting time, as we continue our ministry in the midst of pandemic, and as we hopefully face its diminution and the challenges of safely regathering our community of companions in full force!

Almost every candidate for the Vestry this year seemed to focus their statements on our need to reach out to people in the community, offering them ways into our caring and inclusive community of companions, walking in the way of Christ's love for all.

I look forward to working together to fulfill our mission and this crucial vision, under the leadership of our gifted and insightful Rector, Fr. Daniel, and of the other clergy and lay leaders with whom Christ has so richly blessed this parish. I hope that you find your way into deeper personal ministry through Christ Church. If you feel the leading of God's Spirit into new or deeper personal ministry, please speak with Fr. Daniel, with me, or with any of our other wonderful clergy or lay leaders about your calling into personal ministry.

We enjoyed a very successful Annual Meeting via Zoom on Sunday, February 6th, with very good attendance. The members had voted by electronic ballot, by phone, or in person at the church office by 5:00 p.m. on Friday, February 3rd. Three of six Vestry candidates were elected to a three-year term (see below), five members were elected as Convention Delegates (Paul Gossard, Daniel Hafer, Catherine Mace, Dan Phillips, and Merry Phillips), and two members were elected as Alternate Delegates (Lin Chase and Nellie Thompson).

Several reports were received by title, having been distributed previously in written and electronic form. There was an oral and electronic report by our Treasurer, Bob Hines, on the positive 2021 Financial Report and the 2022 Budget, both of which were encouraging thanks to the faithfulness of God's people at Christ Church. A highlight was the surprise honoring of our immediate-past Senior Warden, Royal McCarthy.

While the Vestry is enthusiastically welcoming three new members (Robin Cardona, Steve Cole, and Elizabeth Harper-Lawson), we thank our retiring members with deep gratitude for their efforts on the Vestry (Beverly Olson, Laura Rose, and Jannetje Vrieze). Please thank and pray for these six wonderful leaders who have followed the Holy Spirit's leading into service. And please thank those who were willing to serve but were not elected.

Please be in prayer as your Vestry gathers on Saturday, March 19th for an orientation and retreat. We solicit your support as we seek to envision together God's leading in our parish life in the near-term future, and especially as we prepare for safely regathering our entire community of companions, as pandemic conditions permit.

In future issues of the Chronicle, I will report more to you on decisions and discernment within the Vestry, as we lead this wonderful parish in fulfilling our mission and vision together, which you and God have called us to do.

Steve Preston
Senior Warden

How Many Episcopalians Does it Take to Change a Lightbulb?



And the answer is: five. One guy to climb the ladder, two to steady the ladder, one to take pictures, and one to pray for the other four!!

Thank you Chris Parreira from Lost Coast Light and Sound, Paul Gossard, John Patton, Royal McCarthy and Thomas (*praying in the church office*).





Quilters+

The day: Wednesday, March 16

The time: 9:30 AM

The place: Lewis Hall - Masks required

You are invited to join us as we continue to make prayer quilts for those with medical challenges and fleece throws for foster children and youth. All are welcome – first-time beginners to experts. There is a part of each quilt or fleece throw that each one of you could complete.

Enjoy a cup of coffee and good fellowship as well. If you prefer to work on a quilt top at home, stop by and pick out pieces of fabric. We have material and tools to use or bring your own.

Please come and enjoy the company. No experience necessary.

Questions: Contact Belinda Zander, 442-4222, or Peg Gardner, 443-9627.



THE FIFTH ANNUAL BORSCH-RAST LECTURE

Thursday, March 31, 2022, 6:00 pm

Online Event 2400 Ridge Road Berkeley, CA 94709

The Graduate Theological Union is pleased to host Dr. Ashley L. Bacchi (GTU, PhD 2015), Assistant Professor of Jewish History and Ancient Mediterranean Religions at Starr King School for the Ministry, as the fifth annual Borsch-Rast Lecture for her 2020 work, *Uncovering Jewish Creativity in Book III of the Sibylline Oracles: Gender, Intertextuality, and Politics* (Brill).

The event will be hybrid with a limited in-person audience located in the GTU Dinner Board Room, Flora Lamson Hewlett Library. Contact Sabrina Kennedy at skennedy@gtu.edu if you would like to attend in person.

To register online use the following link:

<https://www.eventbrite.com/e/the-fifth-annual-borsch-rast-lecture-tickets-246772762977>

Authored by: GTU Communications

Called to *Serve*

LAY MINISTRY

By Marty Vega

Cameras, microphones, software, monitors, streaming, and recording – the list of what our technical team uses and understands keeps growing.

It's wonderful that we're able to begin worshiping together in person now, and it's also a joy to know we're joined by worshipers at home. If we miss a special service, concert or forum, we can still view it from home.

After solving many mysteries and overcoming challenges, it's now time for our team to add new members to this ministry. Are you comfortable using a laptop or smart phone? Please consider joining the team. They would love to have you. If you should have any experience in recording, filming, or editing, your assistance, knowledge and help are also welcome.



Our other ministries welcome newcomers as well, just contact us for more information about some of these:

Lynne Bean	Coffee Hour	822-6086
Elizabeth Harper-Lawson	Eucharistic Visitors	445-1726
Bob and Sara Hines	Contribution Counters	445-8974
Vickie Patton	Story Corner	443-1825
Anne Pierson	Acolytes, Eucharistic Ministers,	
Marty Vega	Lectors and Intercessors	443-9782
Jannetje Vrieze	Ushers and Greeters	499-8667
	Christ Church Prayer Circle	499-8667
Sharon Kalberer	Ushers and Greeters	630-3100
Kathy Clague	Altar Guild	822-5860

RIGHT: Paul Gossard, and Thomas Swanger livestreaming a Sunday 10:30 am service to YouTube.

The church has over 100 views of our Sunday services and a faithful group of followers each week.

During the past 60-days we have made great strides in streaming our services. Livestreaming our services has allowed us to connect with people beyond the walls of our church and reach potential new parishioners who may feel more comfortable checking out our church online before attending in person.

While the journey has been bumpy, the stream that we put out on a Sunday is as good as much larger congregations. We livestream in Full HD (1080p).



Food for People's Eureka Pantry to Move

Food for People's Eureka Choice Pantry is relocating to 1720 10th St, located directly adjacent to the Cooper Gulch Fields and the Eureka skate park. The existing location at 2112 Broadway will close as of Friday March 25th and no food pantry services will be available that day. The food pantry will reopen in its new location on Tuesday March 29th. The hours of operation will be Tuesday, Wednesday, and Friday of each week from 11am to 3pm (closed 12:30-1pm for lunch). In the new location, Food for People will implement an order-ahead model as a new benefit to pantry users. Please contact pantry staff at (707) 407-0447 for details or to make an appointment. For those traveling by bus, the Eureka Transit System's Purple Route stops at the Burre Center located a quarter mile from the new pantry location.



Food for People Executive Director Anne Holcomb in front of the nonprofit's new temporary Eureka pantry.

The relocation of the Eureka Food Pantry has been necessitated by the delay in construction of Food for People's main site. Food for People is in the process of rebuilding their facility following the sewer inundation that occurred in February of 2020. Due to delays in construction caused by the pandemic and supply shortages, a more stable and long term option is needed to house Food for People's Eureka food pantry that serves more than 1,000 community members each month. After long delays, construction materials have been secured and construction of the new food bank is slated to begin in the next month, which should provide the pantry a permanent location by 2023. You can help Food for People rebuild a facility that will ensure every person experiencing hunger in Humboldt County can access nutritious foods into the future by making a donation at www.rebuildfoodforpeople.org.

Food for People's full press release February 25, 2022

The 10 best non-perishable foods to donate.

- | | |
|---|---|
| 1. canned beans | 6. canned vegetables, with no or low-sodium |
| 2. dry beans | 7. low-sodium soups |
| 3. peanut butter, or other nut butters | 8. canned tuna in water |
| 4. rolled oats | 9. canned chicken |
| 5. canned fruit in juice, not in light or heavy syrup | 10. brown rice |

DONATION BASKETS ARE LOCATED IN THE HERITAGE ROOM.
SO keep the donations coming!
Stay Safe, Bev



People Get Ready ... There's a Training Coming!

2022 Disaster Planning Workshops

During Lent, the Bishop's Mission for Disaster Resilience is offering free ZOOM workshops for individuals and congregations to learn how to develop a disaster plan that works for *your needs*. Led by Mark Dibelka, Missioner for Disaster Resilience, these workshops are an ideal opportunity to build an emergency kit and have

disaster plans before Easter (and of course, before fire season).

This interactive workshop will help you assemble a "GO" bag, prioritize valuables, and have an evacuation plan in place. Participants will receive checklists of important items to have on hand when a disaster strikes.

Format and content for Individual Workshops is the same. Select the date and time that works best for you.

Saturday, March 5 | 10:30 am - noon | *Register with the link below*

<https://us02web.zoom.us/meeting/register/tZEpdemgqj8qGtEny7GnRgaTYt3M6HgGC7Dr>

Thursday, March 10 | 3:30 pm – 5 pm | *Register with the link below*

<https://us02web.zoom.us/meeting/register/tZ0vfuGvrD4tG9TxnyyTks6FEnVrv5tkSbKa>

Wednesday, March 16 | 7:00 pm – 8:30 pm | *Register with the link below*

https://us02web.zoom.us/meeting/register/tZYkcuqqqT0iEtPhvyT_dhS54Gn_p5TaUfjI

Questions?

Contact Mark G. Dibelka, Missioner for Disaster Resilience
at mark@norcalepiscopal.org



Episcopal Diocese
of Northern California

A MESSAGE FROM
Bishop Megan Traquair

Dear Friends in Christ:

One week ago, Russian forces invaded Ukraine, beginning an unprovoked campaign against innocent civilians. Since that time, nearly one million Ukrainians have been forced from their homes, seeking refuge in neighboring countries. The Ukrainian military and citizens are waging a fierce defense of their country, but the unrelenting attacks are taking a heavy toll.

I am asking you to join me in supporting the Ukrainian people in prayer, and in giving. Episcopal Relief and Development is deeply engaged in addressing the humanitarian needs of Ukraine. Today, I have directed a significant donation from the Bishop's Discretionary fund be sent immediately to [Episcopal Relief and Development](#). I hope you will consider joining me in this effort.

Our diocese has been the beneficiary of support from Episcopal Relief and Development through many disasters. Donating to their efforts is a tangible and meaningful way to support the people of Ukraine in this, their darkest hour.

May God bless the people of Ukraine, and those who stand with them in fighting these acts of evil and destruction.

+ Bishop Megan

Donate to Episcopal Relief & Development
(see page 17 of the Chronicle)

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. *Amen.*

The Episcopal Diocese of Northern California

Making Disciples, Raising Up Saints & Transforming Communities for Christ

www.norcalepiscopal.org



HELP UKRAINIAN REFUGEES



Photo: Daniel Fekete/HIA

Episcopal Relief & Development is working closely with Anglican agencies and ecumenical partners to meet the urgent humanitarian needs of Ukrainian refugees in Europe. People quickly packed up and fled Ukraine to safety and are now in need of basic supplies and will need long-term support. Your contribution to the Episcopal Relief & Development International Disaster Response Fund will help provide clothing, food, water and other items.

To make a donation, please fill out the coupon below and mail it in with your check or credit card information. You can also contribute online to the International Disaster Response Fund at episcopalrelief.org/ukraine-crisis.

Thank you for your compassion and prayers. With your partnership, we are working together for lasting change.



Episcopal
Relief & Development
Working Together for Lasting Change

www.episcopalrelief.org
1.855.312.4325

**Please make checks payable to
Episcopal Relief & Development.**
Mail to P.O. Box 7058
Merrifield VA 22116-7058.

Name _____

Address _____

City, State, Zip _____

Your email address _____

Phone Number _____

**Enclosed is my gift to the International
Disaster Response Fund to assist those who
are in need.**

☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500
☐ \$1,000 ☐ \$2,500 ☐ \$5,000 ☐ Other \$_____

FOR CREDIT CARD DONATIONS

Please charge my gift to my:

☐ VISA ☐ MasterCard
☐ AMEX ☐ Discover

Name of your church _____

City _____

Account number _____

Expiration date _____

Name on card _____

Signature _____

All gifts are tax-deductible.

BI/22-1



March Birthday Wishes



Watch over your child, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when *they* stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* heart may your peace which passes understanding abide all the days of *their* life; through Jesus Christ our Lord. **Amen.**

Gisele Rivinus	03/01	Peggy Molloy	03/19
Tom Arnall	03/02	Reina Williamson	03/19
Julie Cairns	03/03	Ashley Hamer	03/20
Mary McNelis	03/03	Destiny Preston	03/20
Daniel London	03/06	Jensen Charles Lasell	03/20
Spencer Smith	03/13	Dr. Angus Stewart	03/22
The Most Rev. Michael B. Curry	03/13	John Hendricks	03/28
Lisa Bennett	03/15	Andrew Hamer	03/29
Katherine Clague	03/18	Jacqueline Moore	03/29
Heidi Erickson	03/18	Greg Bean	03/30
Beverly Olson	03/18	Lois Gossard	03/31
		Jim Hendry	03/31



Happy Anniversary



O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church. Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Francis & Gisele Rivinus	03/04
Steve & Margaret Cole	03/15
Paul & Pam Gossard	03/17



Did we miss your special day? The staff apologies for our time perception disorder with any omissions of birthdays and anniversaries. Send your special day information to:
christchurcheureka@gmail.com
 We want to acknowledge and celebrate your special day next year!



The March 2022 Cycle of Prayers

for our Diocese and the Anglican Communion

Please pray for the diocese, congregations, and clergy listed below on the Diocesan and Anglican cycles of prayer as well as those prayers requested by our Bishop, Dean and Diocesan Search & Transition Committees.

Every Sunday, the Diocesan Transition Committee requests that we pray for our bishop.

Look graciously on your Church and our bishop, The Rt. Rev. Megan Traquair, as she so graciously and ably serves as a caring, faithful pastor for your people, guiding and supporting us in our ministries during this time of Covid-19.

Every Sunday in March, The Very Rev. Sara Potter, Dean of our Semper Virens Deanery, has asked us to pray for: St. Paul's, Crescent City.

Intercessor: We pray for the congregations of our Deanery, this month for the community St. Paul's, Crescent City. We pray for the congregation and witness of St. Paul's and pray that those who minister within the church and community will not weary of doing good and will serve you and one another with the joy and enthusiasm you, Heavenly Father, provide.

People: **Hear our prayer**



March 6

DIOCESAN CYCLE OF PRAYER

Faith Episcopal Church, Cameron Park
The Rev. Tom Gartin, Priest-in-Charge
The Rev. Sonya Reichel, Assistant Rector
The Rev. Craig Kuehn, Associate Priest

St. Michael's, Carmichael
The Rev. Mary Clausus, Rector
The Rev. Rodney Davis, Associate
The Rev. Roy Whitten, Associate
The Rev. Jesse Vaughn, Associate
The Rev. Cindy Long, Deacon (*newly retired*)

ANGLICAN CYCLE OF PRAYER

The Anglican Church of Korea
The Most Rev. Peter Kyongho Lee
Primate and Bishop of Seoul

March 13

Good Shepherd Episcopal Church, Cloverdale
The Rev. Tim McDonald, Associate Priest
The Rev. Jane Snibbe, Associate Priest
The Rev. Bob Scott, Deacon

ANGLICAN CYCLE OF PRAYER

The Anglican Church of Melanesia
The Most Rev. Leonard Dawea
Primate and Archbishop of Melanesia

March 20

DIOCESAN CYCLE OF PRAYER

Good Shepherd Episcopal Church, Susanville
The Rev. David Cohen, Priest-in-Charge

St. Michael's Episcopal Church, Alturas
The Rev. David Cohen, Priest-in-Charge

ANGLICAN CYCLE OF PRAYER

La Iglesia Anglicana de Mexico
The Rt. Rev. Enrique Trevino,
Interim Primate and Bishop of Cuernavaca

March 27

DIOCESAN CYCLE OF PRAYER

St. Luke's Episcopal Church, Auburn
The Rev. Brian Rebholtz, Rector
The Rev. Bill Hefti, Deacon
The Rev. Patty Park, Deacon

Grace Episcopal Church, Fairfield
The Rev. Karen Freeman, Rector
The Very Rev. Perry Polk, Associate Priest
The Rev. David Cavanagh, Associate Priest

ANGLICAN CYCLE OF PRAYER

The Church of the Province of Myanmar
The Most Rev. Stephen Than Myint Oo, Primate
and Archbishop of the Province of Myanmar and
Bishop of Yangon

April 3

DIOCESAN CYCLE OF PRAYER

Grace Episcopal Church, St. Helena
The Rev. Amy Denney Zuniga, Rector
The Rev. Wendy Watson, Associate Priest
The Rev. William "Father Mac" McIlmoyl, Rector Emeritus
The Rev. Anne Clarke, Associate Priest

ANGLICAN CYCLE OF PRAYER

The Church of Nigeria
The Most Rev. Henry Ndukuba
Metropolitan and Primate of all Nigeria

If you wish to offer prayers daily for the church in the world, our Anglican Cycle of Prayer has a daily list of diocese and clergy who would benefit from your prayer ministry. This list can be obtained via this website: <https://www.anglicancommunion.org/resources/cycle-of-prayer/download-the-acp.aspx>. If you do not have a computer, I would be glad to make a copy of the 2021 Anglican Cycle of Prayer for you.

The Rev. Anne Pierson, Deacon

ASHES TO GO ...



LEFT TO RIGHT:
John Patton, Junior Warden,
Steven D. Preston, Senior
Warden; Fr. Daniel, Rector;
Deacon Pam, Archdeacon;
and Kathy Clague, Altar
Guild Directress. The team
handle out Lenten Packets
with communion wafers, a
container of ashes, Forward
Day by Day, Lent Madness
2022 Bracket Sheet, along
with an Illustrated Labyrinth
Meditation: Ash Wednesday.

Liturgical Calendar — March 2022

MARCH 18: PATRICK OF IRELAND, Bishop and Missionary, 461
Patrick was born into a Christian family somewhere on the northwest coast of Britain in about 390. His grandfather had been a Christian priest and his father, Calpornius, a deacon. Calpornius was an important official in the late Roman imperial government of Britain.

When Patrick was about sixteen, he was captured by a band of Irish slave-raiders. He was carried off to Ireland and forced to serve as a shepherd. When he was about twenty-one, he escaped and returned to Britain, where he was educated as a Christian. He tells us that he took holy orders as both priest and bishop, although no particular see is known as his at this time. A vision then called him to return to Ireland, and he did so around the year 431.

Tradition holds that Patrick landed not far from the place of his earlier captivity, near what is now known as Downpatrick (a “down” or “dun” is a fortified hill, the stronghold of a local Irish king). He then began a remarkable process of missionary conversion throughout the country that continued until his death, probably in 461. He made his appeal to the local kings and through them to their tribes. Christianizing the old pagan religion as he went, Patrick erected Christian churches over sites already regarded as sacred, had crosses carved on old druidic pillars, and put sacred wells and springs under the protection of Christian saints.

Two works are attributed to Patrick: an autobiographical Confession, in which he tells us, among other things, that he was criticized by his contemporaries for lack of learning, and a Letter to Coroticus, a British chieftain. The Lorica or St. Patrick’s Breastplate (“I bind unto myself today”) was probably not written by him, dating most probably from the 8th century rather than from the 5th, but it does express his faith and zeal.



PATRICK OF IRELAND
Bishop and Missionary, 461

Lesser Feasts and Fasts 2018, pages 183-185



"Take Up Your Cross"
David Lochtie, artist

HOLY WEEK

at

CHRIST CHURCH EUREKA

Palm Sunday

Sunday of the Passion (April 10) 8 and 10:30 AM*

Holy Monday Centering Prayer (April 11) 6:30 PM

Tenebrae (April 13) 7 PM

The Holy Triduum:

Maundy Thursday (April 14) 7 PM*

Stations of the Cross Sacred Saunter (April 15) 12 noon

Good Friday Labyrinth Walk or Stations of the Cross

Chapel of Our Merciful Saviour

12 noon to 3 PM

The Solemn Liturgy of Good Friday (April 15) 7 PM*

Holy Saturday Sacred Saunter (April 16) 11 AM





The Great Vigil (April 16) 7 PM*

Easter Sunday (April 17) 8 and 10:30 AM*

*Service will be live streamed on <https://www.youtube.com/user/ChristChurchEureka>



March 2022

SUN	M	T	W	Th	F	SAT
		1	2 	3 Office closed	4	5 Altar Guild 10 AM Bobby Jo Valentine Concert 7:30 PM
6 Lent I 8 AM—Eucharist: Rite II 10:30 AM—Holy Eucharist: Rite II and livestream https://www.youtube.com/user/ChristChurchEureka	7 Centering Prayer 6:30 PM Office closed	8 Choir Rehearsal 5:30 pm	9 Lenten Music Program at 5:30 PM Evensong at 6 PM	10 Office closed	11	12 Altar Guild 10 AM
13 Lent 2 8 AM—Eucharist: Rite II 10:30 AM—Holy Eucharist: Rite II and livestream https://www.youtube.com/user/ChristChurchEureka	14 Centering Prayer 6:30 PM Office closed	15 Choir Rehearsal 5:30 pm	16 Lenten Music Program at 5:30 PM Evensong at 6 PM	17 	18 	19 Altar Guild 10 AM Vestry Retreat St. Joseph
20 Lent 3 8 AM—Eucharist: Rite II 10:30 AM—Holy Eucharist: Rite II and livestream https://www.youtube.com/user/ChristChurchEureka	21 Centering Prayer 6:30 PM Office closed	22 Choir Rehearsal 5:30 pm	23 Lenten Music Program at 5:30 PM Evensong at 6 PM	24 Office closed		26 Altar Guild 10 AM
27 Lent 4 Laetare Sunday—Rejoice! 8 AM—Eucharist: Rite II 10:30 AM—Holy Eucharist: Rite II and livestream https://www.youtube.com/user/ChristChurchEureka	29 Centering Prayer 6:30 PM Office closed	30 Choir Rehearsal 5:30 pm	31 Lenten Music Program at 5:30 PM Evensong at 6 PM			
VESTRY MEETING						



The Right Reverend Megan M. Traquair
Bishop
THE EPISCOPAL DIOCESE OF NORTHERN CALIFORNIA



CHRIST EPISCOPAL CHURCH

CLERGY AND STAFF

The Rev. Dr. Daniel D. London - Rector
The Rev. David Shewmaker - Associate Priest
The Rev. K Lesley McCloghrie - Associate Priest
The Venerable Pam Gossard - Archdeacon
The Rev. Anne Pierson - Deacon

Merry Phillips - Music Coordinator and Organist
David B. Powell - Choir Director
Dr. Douglas Moorehead - Organist Emeritus

Thomas Swanger - Parish Administrator

THE VESTRY

Steven Preston, Senior Warden; John Patton, Junior Warden; Peg Gardner, Clerk;
Dr. Robert (Bob) Hines, Treasurer; The Venerable Pam Gossard; Robin Cardona, Steve Cole,
Elizabeth Harper-Lawson, Jim Hendry, Sharon Kalberer, Nellie Thompson, Belinda Zander

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