



CHRIST EPISCOPAL CHURCH

FEBRUARY 2021 - CHRONICLE

Our 150th year—Steadfast and growing since 1870



Where we seek to glorify God, follow Jesus Christ, and serve all people through the power of the Holy Spirit.

ALL ARE WELCOME IN THIS PLACE



From the Rector

Gratitude and Four Invitations

Fr. Daniel DeForest London, Rector



I want to thank all of you who participated in our parish's first virtual Annual Meeting on Sunday January 31st. I know that meeting on zoom is not everyone's favorite activity these days, so I deeply appreciate you all taking the time to connect through this less-than-perfect medium. I also know that Annual Meetings are not everyone's cup of tea, but I have honestly been moved to joyful tears during my first three Annual Meetings with all of you; and this last one was no exception. I am consistently blown away by your faithful commitment to helping Christ Church fulfil its mission of glorifying God, following Christ, and serving the vulnerable. As we move into the month of February, I want to extend four special invitations to you:

Bishop Megan's Visit on Sunday February 14 at 10:30 AM: First of all, I invite you to worship with us online on Sunday Feb 14 (Valentine's Day) at 10:30 AM as Bishop Megan celebrates with us the 150th anniversary of Bishop Kip's dedication and consecration of our church (Feb 5, 1871). Our diocese's first female bishop will be preaching and celebrating Eucharist, so be sure you have your pre-consecrated wafer within reach on Sunday. Bishop Megan will then join us for our virtual coffee hour from 12 PM to 12:30 PM. (Please email zoomcoffeehourcec@gmail.com if you want the link.) After that, +Megan will meet with the Confirmands from 12:30 PM to 1 PM, when she will meet with the vestry.

Virtual Epiphany Concert on Sunday February 14 at 4 PM: Later, on the afternoon of Valentine's Day, I invite you to join us for the premiere of our Virtual Epiphany Concert at 4 PM on the Christ Church YouTube channel. The concert will include organ, flute, and guitar music performed by Christ Church musicians as well as choral music performed by the Christ Church Virtual choir. The concert will also include a favorite song that yours truly will be singing with the choir!

Healing Compline with Deacon Anne on Feb 16 at 7 PM: As I said in my Annual Rector's Report, I believe we are being called at this time into a season of healing, a time to heal and be healed. I invite you to join Deacon Anne for a Healing Compline service, which will be offered online on Tuesday nights at 7 PM, starting on February 16. Please email christchurcheureka@gmail.com to receive the zoom link.

Ash Wednesday service at 12 PM, followed by Ashes-To-Go at 1 - 2 PM & 4 - 5 PM: Finally, I invite you to observe Ash Wednesday by praying with us online synchronously at 12 PM on Wednesday **February 17** or asynchronously later in the day. I also invite you to drive through the Christ Church Eureka parking lot anytime between 1 and 2 PM or 4 and 5 PM on Ash Wednesday to receive your Ashes-to-go as well as your "Christ Church Lent Pack." For those who want to receive the imposition of ashes, you will be re-

quired to wear a mask in your car as you drive by, roll down your window, and let Mother Lesley or I impose the ashes on your forehead. We ourselves will, of course, be wearing masks and face shields and scrupulously washing our hands between cars. We will also give you your “Christ Church Lent Pack” which will include the following:

- ◆ A set of Communion wafers for Holy Eucharist during the Lenten season
- ◆ Candles that were blessed at the Candlemas rite (Feb 7), which we encourage you to use during Healing Compline
- ◆ Worship Bulletin for Ash Wednesday
- ◆ Worship Bulletin for the First Sunday in Lent (Feb 21)
- ◆ A *Forward Day by Day Daily Devotions* booklet (if you don’t already have one. I’d like us to read these together throughout the season of Lent)
- ◆ A Saintly Scorecard so that you can participate in Lent Madness and earn your chance to win the Golden Halo! (see Chronicle article on Golden Halo)
- ◆ Optional: Ashes in a container for those who prefer to impose the ashes on themselves.

Although I continue to discuss possibilities for regathering with the Regathering Task Force, we are all learning now more than ever that being church and doing church is not limited to sharing a physical location. So as we continue to protect the vulnerable by gathering online, may we shout out our final Hallelujahs with great gusto and walk humbly together in love, into the holy season of Lent.

JA



Ashes-to-Go 2019, at the gazebo, Old Town, Eureka

OF CANDLES AND CANDLEMAS

Mtr. K. Lesley McCloghrie, Associate Priest



When the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord (as it is written in the law of the Lord, "Every firstborn male shall be designated as holy to the Lord"), and they offered a sacrifice according to what is stated in the law of the Lord, "a pair of turtledoves or two young pigeons."

Now there was a man in Jerusalem whose name was Simeon; this man was righteous and devout, looking forward to the consolation of Israel, and the Holy Spirit rested on him. It had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Messiah. Guided by the Spirit, Simeon came into the temple; and when the parents brought in the child Jesus, to do for him what was customary under the law, Simeon took him in his arms and praised God, saying, "Master, now you are dismissing your servant in peace, according to your word; for my eyes have seen your salvation, which you have prepared in the presence of all peoples, a light for revelation to the Gentiles and for glory to your people Israel." And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, "This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too."

There was also a prophet, Anna the daughter of Phanuel, of the tribe of Asher. She was of a great age, having lived with her husband seven years after her marriage, then as a widow to the age of eighty-four. She never left the temple but worshiped there with fasting and prayer night and day. At that moment she came, and began to praise God and to speak about the child to all who were looking for the redemption of Jerusalem. When they had finished everything required by the law of the Lord, they returned to Galilee, to their own town of Nazareth. The child grew and became strong, filled with wisdom; and the favor of God was upon him.

Luke 2:22-52

At the beginning of our worship service on Sunday February 7, we will be blessing candles. This will include a representative section of all the different candles we use during our liturgies in church, as well as boxes of candles for you to collect and take home. Why are we doing this, you might ask? It is because February 7 is the first Sunday after February 2, the day when, each year, we celebrate Candlemas.

Falling forty days after Jesus' birth on December 25, the 1979 Book of Common Prayer designates February 2 as "The Presentation of Christ in the Temple", a feast of Our Lord, while in earlier prayer books it was marked as "The Purification of the Blessed Virgin Mary" and was often celebrated as a "Marian" or feast of Mary. Jewish law required ritual purification of woman after childbirth, and de-

clared that any firstborn male child was designated as holy to the Lord. Luke records (2:22-38), that in accordance with custom, forty days after the birth of Jesus, Mary and Joseph went to Jerusalem for her purification and to present the child Jesus to the Lord.

The custom of a ritual for women after childbirth has carried over into our Anglican tradition, although in a different form. The 1662 Book of Common Prayer contains a rite called, "The Thanksgiving of Women after Childbirth, commonly called The Churching of Women"; this short service of thanksgiving is also found in the 1928 Book of Common Prayer, the precursor to

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Of Candles and Candlemas — Mtr. K. Lesley McCloghrie

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our current 1979 version. The service of Thanksgiving for the Birth or Adoption of a Child, in our Book of Common Prayer, page 439, has replaced these earlier rites and is much more inclusive, involving the whole family rather than just the mother.

The feast of the Presentation became associated with candles as early as the seventh century, when worship on that day was marked by a procession, with all the participants carrying lighted candles, from this custom came the name “Candle Mass” or “Candlemas”. The association of this event on Jesus’ life with light comes from the words spoken by Simeon, an aged and devout Jew, who in the temple, took the infant Jesus in his arms and spoke the words we now know as the canticle “The Song of Simeon”, or *Nunc dimittis*. See below

*Lord, you now have set your servant free **
to go in peace as you have promised;
*For these eyes of mine have seen the Savior, **
whom you have prepared for all the world to see:
*A Light to enlighten the nations, **
and the glory of your people Israel.
*Glory to the Father, and to the Son, and to the Holy Spirit: **
as it was in the beginning, is now, and will be for ever. Amen.

Since the fifth century the Song of Simeon has been a part of the evening office. In our prayer book we can find it in Evening Prayer, Compline and Daily Devotions “At Close of Day”.

Candles, originally made from tallow or beeswax, are an ancient source of light, one not needed in these days of electric light, and yet we continue to use them, so why might this be? Candles are inefficient, it takes many of them to provide the light of one LED bulb, they are messy, ask anyone who has tried to remove candle wax from clothes, or from a table or altar cloth, and the oil filled “candles” used by many churches, are still much less cost effective than electric lamps. I think we use them because candles signify special occasions, the candles on a birthday cake marking the passing of the years, candles on the dinner table when friends and family gather for celebration, or perhaps for a romantic dinner for two. Candles containing essential oils used in the home can promote a sense of well being and can help us relax. Sometimes a winter storm will down the power lines and then we bring out emergency candles to give us light, although a battery operated lantern is a much safer option.

In the Church we also use candles to signify special occasions. The gathering of the community for the Eucharist or the Daily Office, the candle given to the newly baptized, signifying a new life in Christ, the candles on the Advent wreath marking time as we await the birth of our Savior. Votive candles or tapers are signs of prayers offered for on behalf of others or for ourselves. Then there is the greatest candle of all, the Paschal Candle. At the Easter Vigil it is blessed, lighted with the new fire of Easter and carried in procession by the deacon who into the darkness proclaims three times, “The light of Christ” and we answer with gladness “Thanks be to God”. This, for us, is an acknowledgment of Resurrection, of Christ’s victory over death, of light over darkness. This great candle burns for the fifty days of Easter, and is only lighted again when someone is baptized into the household of God, and at the burial of the dead.

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Of Candles and Candlemas — Mtr. K. Lesley McCloghrie

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Candlemas falls in the season of winter, a time when the days are short, imagine what those dark days were like before the advent of electricity. Candles were the best and the most precious costly source of light. What could be a more appropriate symbol for Christ the light of the world, and when would be a better time to set apart these precious candles, symbols of our Lord, than in these days before the transition to spring?

In the twenty-first century we have no great need of candles as a source of light, and yet there is something about their small flames, their gentle light, and so we use them as symbols, of prayer, a celebration, and sometimes in mourning, as a mark of respect. When you next see the lighted candles on our altar, albeit on a screen, take a moment if you will and remember Jesus, light of the world. When you light candles on your dining table, remember Mary and Joseph, their trip to the temple, how they raised the infant Jesus. Let the candles on a birthday cake remind you, not only the passing of the years, but also of the prophets, Anna and Simeon. Most of all remember that we too like Simeon and Anna are called to be prophets, called to witness that Christ was sent to be our salvation and to tell that Christ is the light of the world.

You may collect your blessed candles from the parish office after February 7, and if you can wait, they will be available when you come for ashes on Ash Wednesday, February 17. (*see page 15*).

Oh yes, and February 2 is also Groundhog Day, but you know all about that, and if you haven't seen the movie of the same name, you should, it's a good one.

Lesley+



Stained glass depicting the Presentation in the Temple, St. Michael's Cathedral, Toronto, Canada.
Detail of photo by Wjojciech Dittwald

WHAT MUST I DO TO BE SAVED

The Rev. David Shewmaker, Associate Priest



“I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all”. (Ephesians 4:1-6, NRSV.)

God is believed by St. Paul to be everyone’s God. This God is both “above all and through all and in all.” This statement seems to take any judgments that one of us might have about another’s status before his/her creator away from us! Only God can make a judgment about someone. Over the centuries there have been many assertions about who is saved and who is not saved. I believe them all to be unscriptural. These statements are prideful, often used to make one person be able to claim righteousness by pointing out another person or group of persons as being unrighteous. Remember what Jesus said when a man ran up to him and asked him, “Good master, what must I do to be saved.” Jesus replied. “Why do you call me good? No one is good but God alone.” (Mark 10:18, Luke 18:19, Matthew 19:17, NRSV.) It is interesting that this is mentioned in all three Gospels.

This really points up to the essential message of Jesus’ ministry: only the goodness of God poured over *all* of us, all humans, as well as all of creation (see Romans 8:19-23), can save any of us. The reason for this is that none of us, by our own strength, no matter how strong we may think we are, can avoid allowing our mind to slip away from our proper place of being humble before our God. There are just too many distractions in the world around us, and, indeed, even in our own minds. These disturbances, internal

and external, sensory and intellectual, come at us 24-7, and one cannot shut them off. We are just not capable of forcing our mind to stay on the path that is “narrow and winding.” “Enter through the narrow gate; for the gate is wide and the road is easy that leads to destruction, and there are many who take it. For the gate is narrow and the road is hard that leads to life, and there are few who find it.” (Matthew 7:13-14, NRSV.)

St. Paul famously observed, “Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.” (Romans 7:24-25, NRSV.) This is the essential teaching of the New Testament, that humans are incapable of saving themselves. God is the One who does the saving. It appears, therefore, that the individual human’s primary actions and thoughts should be to the development of an every increasing relationship with God. We need to move closer to God ever moment of our lives. However, our own brains distract us from this crucial relationship. So, what are we to do?

There are numerous answers to this question in the Bible. For example, Micah 5:8, NRSV, “...what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?” Also, the quote from Ephesians above which tells us how to live up to calling of God. The attributes recommended are: humility, gentleness, patience, and striving towards unity. How are we to do all this, when there are so many commotions, disturbances, and anxieties present in us and all around us? How are we to enter by the “narrow

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Monthly Reflection

from the Lectionary
Matthew Shay Taylor



Isaiah 40:25-31

25 “To whom will you compare me?
Or who is my equal?” says the Holy One.

26 Lift up your eyes and look to the heavens:
Who created all these?
He who brings out the starry host one by one
and calls forth each of them by name.
Because of his great power and mighty strength,
not one of them is missing.

27 Why do you complain, Jacob?
Why do you say, Israel,
“My way is hidden from the Lord;
my cause is disregarded by my God”?

28 Do you not know?
Have you not heard?
The Lord is the everlasting God,
the Creator of the ends of the earth.
He will not grow tired or weary,
and his understanding no one can fathom.

29 He gives strength to the weary
And increases the power of the weak.

30 Even youths grow tired and weary,
and young men stumble and fall;

31 but those who hope in the Lord
will renew their strength.
They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint.

Feast Day of Aelred of Rievaulx

Aelred of Rievaulx the northern English monk of the 11th century, today often noted as the patron saint of friendship. Within the Anglican calendar his feast day passed on the 12th of January last month. An odd choice I’m sure you may think of for the month of February, one usually noted for its celebration of romantic love on St. Valentine’s own feast day. In today’s culture and media, whether one personally believes so or not, to ‘fall in love with someone’ is seen as the most powerful and true form of love. Due to its often uncontrollable, all consuming, and self-sacrificing nature that binds two people commonly unconnected in any way together. At least this is the side of romantic love which the general public is usually referring to in common everyday life.

What then does friendship bring in comparison to ‘the ultimate form of love’? We know as Christians that there are profoundly strong forms of love outside of a relationship; we often talk about this in our connection with God and Christ. Our worship every Sunday is a celebration and expression of this love. In the eyes and soul of St. Aelred this relationship that everyone of us has with Christ is a form of spiritual friendship. One that binds us to him and to each other as brothers, sisters, and siblings. St. Aelred’s view of this ‘spiritual friendship’ most likely came from his monastery life where it was only the



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What Must I Do To Be Saved — The Reverend David Shewmaker

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gate”? How are we to nurture humility, gentleness, patience and unity? How do we “seek first the Kingdom of God”?

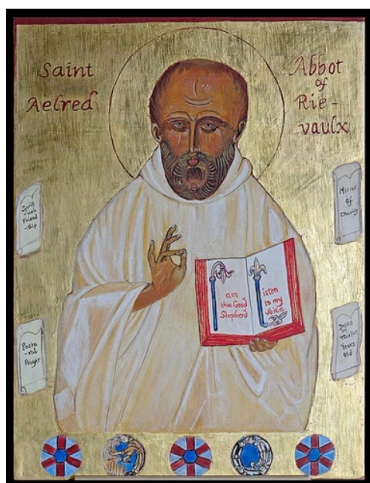
What all humans must do to fulfill their part in all of this is to improve the two important relationships in everyone’s lives: to love God and to love our neighbor. Developing this intimacy means learning to settle down as much as we are capable in order to hear the voice of God that is the underlying ground of the universe, the silence out of which the voice of God comes to us. Listening in that silence, we discover the “still small voice.” That voice leads into union with itself, connecting the Spirit that is at our core with the Holy Spirit that is “all in all.”

The perennial recommendations of the mystical saints is to practice regular, daily contemplative prayer. For more information and to practice this divine encounter, join me and others who are practicing centering prayer, a path to contemplative prayer. Join us for a zoom meeting on Monday nights at 6:30 PM. For the access to this site, email christchurchureka@gmail.com and ask for the sign-on.

“Thanks be top God for his indescribable gift!” (2 Corinthians 9:15.)

Monthly Reflection from the Lectionary — Matthew Shay Taylor

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simple yet powerful connection of friendship that bound monk to monk (and nun to nun respectively). Often in services we view God as our Father and Christ as our High Priest, a dynamic reflecting some level of superior over subordinate. Traditionally, this dynamic even existed for years within romantic relationships as well. Instead, though, we are asked to rewrite this script, to see Christ as an equal. As a friend.

Romantic love, familial love, and platonic love all hold the cores of what it means and loves like to love another. Support, understanding, companionship, and steadfastness through one’s difficult times in life. In Isaiah 40:27-31, God illustrates to use what love in action looks like and shows us where our love for one another stems from. He reminds us, like a friend, that he does not abandon nor grows weary from caring for us. He reminds us, like a friend, that he is always there to listen and console and advise. He reminds us, like a friend, that he will support us and renew our strength to “soar on wings like

eagles”. One of the many beauties of our relationship with God through Christ is the multidimensional dynamics that exist within it all at once.

As someone who struggles with connecting to the traditional definitions and expressions of romantic love Valentine’s Day can be a difficult yearly reminder of this. However, that does not mean I am without love nor does it mean anyone not connected by romantic love is without a piece of themselves. Love binds us **all** together and no one type has a monopoly over the other. If we all worked together to see those threads tied between each and everyone of us by our source of creation, our Creator, then perhaps we would see that ‘spiritual friendship’ that St. Aelred of Rievaulx spoke about those hundreds of years ago.

The Vestry Who's Who for 2021

Your Vestry, led by Fr. Daniel, held its Organizational Meeting on January 31 following the Annual Meeting.

With Bishop Megan Traquair's blessing, Royal McCarthy was appointed by Fr. Daniel to continue for one more year as Senior Warden. The Vestry elected John Patton to serve as Junior Warden, Bob Hines as Treasurer, Thomas Swanger as Assistant Treasurer, and Peg Gardner as Clerk. Archdeacon Pam Gossard will continue to represent the Deacons.



Vestry members serving as the Class of 2021 are Bev Olson, Laura Rose and Jannetje Vrieze.

Sharon Kalberer, John Patton and Nellie Thompson are members of the Class of 2022.

Newly-elected members of the Class of 2023 are Jim Hendry, Steve Preston and Belinda Zander.

Please feel free to contact them if you have questions. The Vestry looks forward to collaborating with you as we meet the challenges of 2021 together as our Christ Church family.



From the Senior Warden **Royal McCarthy**



January was quite a busy month. Restif Cleaning Services came in and did a great job removing the powder mold throughout the Church and shampooing the carpet in the Heritage Room. With the aid of the new fans, we should be able to keep the mold in check.

I want to thank all who had a hand in putting the Annual Meeting together. It was a unique situation in that we had to conduct the meeting virtually. Father Daniel, Peg Gardner, Thomas, David, Merry, Paul did fantastic work and the meeting went well.

Congratulations to Paul Gossard on receiving the Rector's Award for 2020. It was truly well deserved.

The items identified by the Regathering Task Force have been purchased over the past few months. The hands-free sanitizers are now functional thanks to Thomas who found the sanitizer refills at Pacific Paper. The Task Force is fine tuning the protocols for regathering in-person in the Church when we are allowed to do so. We are continuing to identify the items that are going to be placed in the "time capsule" to be placed under the Altar.

Plans are well in place for our service on the February 14 when the Bishop will be with us virtually. What a wonderful Valentine's Day gift.

The worship team is already planning and preparing for the Holy Week services. Although we will still be in the virtual realm, it will be a wonderful experience.

Thank you again for all your support and please let me know if you have any concerns or if there is anything, I can do for you.

Peace and God Bless



From the Junior Warden **John Patton**



As mentioned in the Annual Report, part of my "regathering" projects have included: assembly of five portable touch-free hand sanitizing dispensers, four large floor fans, and the installation of an attic exhaust fan.

Since the publication of the Annual Report, the installation of the attic exhaust fan has been completed. As you can see from the picture, a housing frame was constructed to hold the fan and Brandt Electric of Arcata did the electrical wiring.

The fan is designed to move 6,878 cubic feet per minute (CFM) of air (that's a lot of air!) The fan is located in the Heritage Room attic and vented to the alley. The fan has a timer so it can be set to run from 2-8 hours. This fan will aid in moving air through the chancel and nave making for a safer environment. The fan is quiet and energy efficient—it does the job!

Serendipity, Simplicity, Solitude, Silence ... just a few of my favorite things

Merry Phillips, Music Coordinator



If we can be perfectly quiet and perfectly still with no attempt to overcome, destroy, remove, or escape from any situation or condition, the flow to the Spirit will rush in and there will be freedom. ~ Joel Goldsmith (American spiritual author and modern-day mystic)

(Friends of Silence (<https://friendsofsilence.net/>): “Quote of the day” (2/1/2021))

As I begin to write this *Chronicle* article, I find myself reflecting on the word “simplicity.” It came up at a recent meeting when we were planning for Lenten worship. Simplify has become a watchword for us as we plan. I have been reading (well, to be honest, I have been skipping around in) a book titled *Freedom of Simplicity: Finding Harmony in a Complex World*, by Richard J. Foster. It is a “manifesto that shows how simplicity is not merely having less stress and more leisure but an essential spiritual discipline for the health of our soul.” Simplicity. It is not a modern-day fad; it is deeply rooted in the Old Testament. Foster writes about the Biblical roots of simplicity, of radical dependence and radical obedience. It is a perfect reminder of how we begin and end the season of Lent.

Earlier this week, when I read the above “Quote of the day” from the Friends of Silence website and found in my email Inbox (the same day) a recent blog from one of my favorite bloggers Ashley Danyew with the subject line “Do one thing well” – it felt serendipitous. The intersection of these messages felt like the universe was speaking to me – and “simplify” would be the topic of this article as well as my watchword during Lent. The transition from the Season of Epiphany – a season of Light, Stars, Wise Men, and ‘epiphanies’ – to the Season of Lent is perhaps the most stark in our liturgical year. We no longer are focusing on the Light to lead us, but rather the Light at the end of the tunnel. The *Book of Common Prayer* invites us on Ash Wednesday “to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God’s holy Word” (BCP, p. 265). And it is a season during which many prepare for Baptism.

Changes in our worship services will include new service music (though it will be familiar as we have used in in past years), the addition of the sung Lord’s prayer, a return to plainsong chant for the Psalm settings, and the omission of the closing voluntary. This will seem stark at first, but I invite you to take a moment and enjoy the solitude and silence as we watch the candles being extinguished at the end of the service.

As a resurrection people, we journey through Lent together, yet each of us has our own “tunnel” of solitude that protects and guides us. It is easy to be overwhelmed by the many choices we have for Lenten observances. It is perhaps a blessing that this time of pandemic restricts some of those choices – we will not be able to have our annual Shrove Tuesday pancake supper or weekly soup suppers and educational programs, or to participate as a group in a Sacred Saunter. Our music team recently made the difficult decision not to proceed with a Tenebrae service; deciding instead to focus our time and energy to creating a wonderful Easter Vigil – the highlight of the liturgical year.

As Steve Jobs said “Do not try to do everything. Do one thing well.” This is what Ashley Danyew refers to in her challenge to “Do one thing well.” Choose what that one thing will be and make a concerted effort to focus on it and do it well. I imagine choosing will be the most difficult part.

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Last month I wrote about the book I have chosen to guide me through Lent this year – *Making Room: A Child's Guide to Lent and Easter*. It is simplicity personified. Here is a brief excerpt:

During Lent we make time to be with God. Every day we talk with God in different ways. Sometimes we pray with words. Sometimes we sing or listen to music. Sometimes we get out paints and crayons and create many-colored prayers. ... At other times we make silence. We turn off the television and the music and stop talking for a while. Then we practice listening (p. 8-9).

A wise student once told me that the simplest pieces of music are the most difficult to perform well. So true! Simplicity focuses our attention and spotlights what we are doing. But it can also be a way to free us to be able to truly focus on “doing one thing well.”

I am looking forward to taking this Lenten journey with you all. May the grace of simplicity be with you on your journey.

Simplicity is a grace given to us by God ... a gift to be graciously received. Simplicity is also a discipline, which involves a consciously chosen course of action in both group and individual life. ... Simplicity and solitude walk hand in hand along with silence. Solitude is the inward unity that frees us from the need for acclaim and approval. Through it we are enabled to be genuinely alone, for the fear of obscurity is gone; and we are enabled to be genuinely with others, for they no longer control us. The grace of solitude must be rooted deep within if we are to know simplicity of heart” (Freedom of Simplicity by Richard J. Foster).





Christ Episcopal Church, Eureka, CA

presents a

Virtual Epiphany Concert

Please join us for a program of sacred classical music celebrating the season of Epiphany, with music for pipe organ, organ and flute, guitar, and choral music performed by musicians from Christ Church and the Christ Church Virtual Choir.

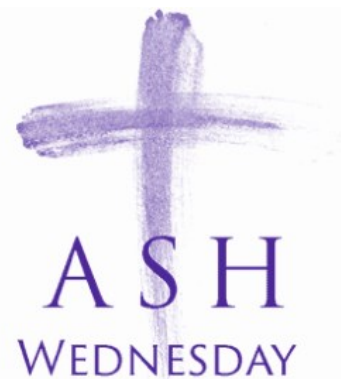
The concert will premiere on **Sunday, February 14, at 4 pm** on YouTube (<https://www.youtube.com/user/ChristChurchEureka>)

After the premiere, it will be available on YouTube to watch and listen to any time!

CHANCEL FLOWERS — Thank you to all of the donors this past year!



In the next weeks, we will turn our hearts and minds to Ash Wednesday. It is during this time people begin to ponder and discuss what their Lenten practices will be this year. The Worship Committee is busy preparing for Lenten services as well as Holy Week—Palm Sunday, Maundy Thursday, Good Friday culminating in Easter Vigil. Soon the ‘alleluias’ will go silent for forty days. We will have to make pancakes piled high on Shrove Tuesday at home this year. With all of this encroaching on our minds, the last few Sundays of Epiphanytide might get lost. But the church has been preparing us, just in time, for the spiritual journey ahead of us.



Jack King, author of *Epiphany: A Bridge to the Season of Lent*, believes there are two events in the Epiphany season that specifically prepare the Church for Lent: Candlemas which we will celebrate on Sunday, February 7 and the Transfiguration, which be celebrated on February 14 (The Transfiguration also has its own feast day on August 6). In the Gospel reading on February 7, the deacon will read from Luke’s Gospel about the Presentation of Jesus at the Temple during the Blessing of the Candles. Simeon addresses Mary about her son’s future. Her son will be a light for the nations and the glory of Israel, and a sword will pierce your (Mary’s) own soul too. The author of the article believes that Epiphany teaches us to see from the beginning of Jesus’ life that glory and suffering will be intertwined. In the Gospel reading for February 14, Jesus takes Peter and James and John up a high mountain. Lord is transfigured, his face ‘shines like the sun, his clothes white as light.’ Christmas Day begins with Light and Glory and the season of the Incarnation concludes with a scene of Jesus’ glory. The Father reveals the glory of the Son so that we will see that he *forsook* his glory, embracing the cross so that He might ‘win many sons and daughters to glory’ (Hebrews 2.10).

The author believes that we need Candlemas and the Transfiguration to help us see, hear, and feel the dramatic turn toward the cross as we enter the Lenten Season.

I hope you will join us on Ash Wednesday by praying with us online synchronously at 12 PM on Wednesday **February 17** or asynchronously later in the day. You are also invited to drive through the Christ Church Eureka parking lot anytime between 1 and 2 PM or 4 and 5 PM on Ash Wednesday to receive your Ashes-to-go as well as your “Christ Church Lent Pack.” For those who want to receive the imposition of ashes, you will be required to wear a mask in your car as you drive by, roll down your window, and let Mother Lesley or I impose the ashes on your forehead. We ourselves will, of course, be wearing masks and face shields and scrupulously washing our hands between cars. We will also give you your “Christ Church Lent Pack” which will include the following:

- A set of Communion wafers for Holy Eucharist during the Lenten season
- Candles that were blessed at the Candlemas rite (Feb 7), which we encourage you to use during Healing Compline
- Worship Bulletin for Ash Wednesday
- Worship Bulletin for the First Sunday in Lent (Feb 21)
- A *Forward Day by Day Daily Devotions* booklet (if you don’t already have one. I’d like us to read these together throughout the season of Lent)
- A Saintly Scorecard so that you can participate in Lent Madness and earn your chance to win the Golden Halo! (see Chronicle article on Golden Halo)
- Optional: Ashes in a container for those who prefer to impose the ashes on themselves.

For those of you that wish to pick up your candles and wafers earlier, you may come by the Church office during regular office hours—Tuesday, Wednesday, and Friday, 9 am to 1 pm beginning on Tuesday, February 9.



Healing Compline

A Season of Healing, a time to heal and be healed.

Please join Deacon Anne on Tuesdays, beginning February 16 at 7 pm
for a Compline Service with prayers for healing.
Please email christchurcheureka@gmail.com to receive the Zoom link.

Jesus said, "I am the light of the world; whoever follows me
will not walk in darkness, but will have the light of life."

John 8:12



Centering Prayer Series

With Fr. David Shewmaker

Mondays at 6:30 pm

Please email the church office to receive the Zoom link for series.

Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself. This method of prayer is both a relationship with God and a discipline to foster that relationship.

Liturgical Calendar — February 2021

From Lesser Feasts and Fasts • 2018



ST. MATTHIAS, APOSTLE

February 24

Almighty God, who in the place of Judas chose your faithful servant Matthias to be numbered among the Twelve: Grant that your Church, being delivered from false apostles, may always be guided and governed by faithful and true pastors; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

In the nine days of waiting between Jesus' Ascension and the Day of Pentecost, the disciples remained together in prayer. During this time, Peter reminded them that the defection and death of Judas had left the fellowship of the Twelve with a vacancy. The Acts of the Apostles records Peter's proposal that "one of the men who have accompanied us during all the time that the Lord Jesus went in and out among us, beginning from the baptism of John until the day when he

was taken up from us—one of these men must become with us a witness to his resurrection" (Acts 1:21–22). Two men were nominated, Joseph called Barsabbas who was surnamed Justus, and Matthias. After prayer, the disciples cast lots, and the lot fell to Matthias, who was then enrolled with the eleven.

Scripture does not relate anything further about Matthias, but gives him as an example to Christians of one whose faithful companionship with Jesus qualifies him to be a suitable witness to the resurrection, and whose service is unheralded and unsung.

There are, however, several early Christian accounts of his mission and ministry, such as the second century text *The Acts of Andrew and Matthias in Cannibal City*. According to this account, immediately after the selection of Matthias, the apostles cast lots to determine which of them would take responsibility for which part of the world, and the unlucky Matthias was dispatched to a city of cannibals! Although an unabashedly fictionalized account, it is nevertheless an inspiring tale that shows Matthias being dealt the worst possible lot, and yet nevertheless responding to his call with equanimity, competence, and grace, which are the same qualities we see reflected in the canonical account that is given by Scripture.

Lesser Feasts and Fasts • 2018

A collection of proper collects, lessons, and psalms for the eucharist on each of the weekdays of Lent, weekdays of Easter season, and each of the lesser feasts of the church year. It also includes a biographical or historical sketch for the lesser feasts and fixed holy days.

LENT MADNESS

WHO WILL WIN THE GOLDEN HALO?

2021 could be the year for you to wear the Lent Madness Golden Halo! Lent Madness is a fun way to learn more about the lives of both well-known and more obscure saints by matching 32 saints in pairs in a tournament style bracket. During each twenty-four hour period you vote for your favorite from each pair. Sixteen of the 32 will make it to the Saintly Sixteen; the next eight to the Elate Eight; then four to the Faithful Four; then two to the Championship round – and finally the Golden Halo is awarded to the winner.

To participate, drop by or contact the office to pick up the free materials: the 64-page booklet *Saintly Scorecard: The Definitive Guide to Lent Madness 2021* and a copy of the bracket. To be eligible to compete for the Christ Church Golden Halo, predict in advance the winners for each pair as you fill out the bracket and return it to the church office by February 21. **You can return your bracket during regular office hours; Tues, Wed, Fri, 9 am to 1 pm or you can scan your bracket and email to christchurchureka@gmail.com before February 21.** You can then monitor your progress and prowess online when you subscribe to the free Lent Madness website, lentmadness.org. Also consider liking Lent Madness on Facebook at facebook.com/lentmadness; following on Twitter at [@lentmadness](https://twitter.com/lentmadness); or watching videos at YouTube.com/lentmadnesstv.

The Saintly Scorecard provides biographical information for each saint, and then for the next rounds, several bloggers add “quotes and quirks, explore legends, and even move into the area of saintly kitsch.”

How will your votes hold up against the several thousand who register each year? How close will you come to selecting the same saint for the Golden Halo? The person at Christ Church who comes closest to predicting the winner of the online Golden Halo will receive the Christ Church traveling Golden Halo. In this crazy time, give it a try – have some fun with what has been called “the world’s most popular online Lenten devotion.”



Golden Halo saint 2020: Harriet Tubman

Silver Halo saint 2020: St. Joseph

Golden Halo winner at Christ Church 2020 (most accurate bracket): Fr. Daniel



Golden Halo saint 2019: Martha of Bethany

Golden Halo winner at Christ Church 2019

(most accurate bracket): Peg Gardner



Golden Halo saint 2018: Anna Alexander

Golden Halo winner at Christ Church 2018

(most accurate bracket): Anne Van Zandt

REGATHERING TASK FORCE — Updates

The Regathering Task Force has been meeting on a regular, monthly basis since being established back in June 2020. The Task Force worked earnestly to lay down a foundation for creating a regathering plan meeting bi-weekly during the months of June, July and August. Over the summer, the Task Force was able to perform a survey of the congregation, develop a regathering plan, and begin implementation. The task force submitted the plan to the Diocese as well to Humboldt County. We received our reopening certification from Humboldt County on July 22, 2020.

However, over the summer and fall months, the pandemic worsened, which slowed our ability to implement the plan and begin regathering. We were able to have two outdoor services in September and October while the weather was still good. We also planned a series of Sacred Saunters for Advent, but again the number of COVID-19 cases in Humboldt spiked, resulting in our cancellation of two Advent Sacred Saunters.

The Task Force, working with the Worship Committee, moved forward to increase our capability to provide quality livestream services to our parishioners. A consultant was hired to assist us in developing our online presence. With recommendations in hand, the church purchased two MEVO cameras designed for live-streaming along with a Blue Yeti USB microphone. The church was also the recipient of a new Lenovo laptop dedicated to livestreaming Sunday Services. But more importantly, the individuals involved in the livestreaming have developed their technical skills to improve on a weekly basis our presence on the internet. Special thanks to Fr. Daniel, Deacon Pam, Merry Phillips, David Powell, Francis Rivinus, Paul Gossard, Royal McCarthy, John Patton and our Virtual Verger for their dedication to our worship. It is not unusual for our services, on average, to have 130-150 views on a Sunday. We have many new individuals that have found Christ Church online and they look forward to the day they can join with us in person. We have purchased other items to help with making our buildings safer for those that livestream as well as being prepared for the future:

- Five portable touchless hand-sanitizing dispensers
- Four large floor fans
- Attic exhaust fan for main church

Care is taken each week to make sure the space is sanitized for everyone's safety.

The Task Force has received several requests recently about using our beautiful facility in the late spring and summer from outside groups. The Task Force looks at our local and national data to guide us. Several members of the Task Force are a part of the Diocesan Church Leadership calls which cover COVID topics as well as communication updates, presentations, and the sharing of ideas. As Humboldt County (and the state) are still in the Purple Tier, we are restricted to outdoor worship only. Until there is a change in this status we will not be opening our facility to outside groups and will continue to focus on regathering for our congregation. We will also look for updates to county, state, and national guidelines as individuals are vaccinated.

If you have not looked at our regathering document it is located on our website at: <https://christchurchureka.org/regathering-task-force-2/>. The task force currently is meeting monthly. If you have questions or concerns do not hesitate to contact one of the Task Force members listed below.

Task Force members: Fr. Daniel London, Mtr. Lesley McCloghrie, Fr. David Shewmaker, Deacon Pam Gossard, Deacon Anne Pierson, Christina Strevey, Royal McCarthy, John Patton, Merry Phillips, David Powell, Peg Gardner, Katherine Clague, Paul Gossard and Thomas Swanger.



REGATHERING



Christ Episcopal Church
Eureka • California



*We seek to glorify God, follow Jesus Christ,
and serve all people through the power of the Holy Spirit.*

FOUR-STAGE PLAN

LAY MINISTRIES

By Marty Vega



Our altar guild has been hard at work during the past year, preparing our sanctuary for services, whether live or recorded. Our music department has been busy with recording, rehearsing, and monitoring all of our wonderful musical offerings. When we see our Sunday services on YouTube or Facebook, our church is beautiful and inviting.

Well, how about the outside? If you've come by the office for any reason, or just driven by because the church is on your way to someplace, have you noticed that the lawn looks good? The dandelions haven't taken over?

There is a wonderful outdoor behind-the-scenes lay ministry that you might enjoy and which makes the outside of our church look so well manicured. I know Lyn Klay and Jim Hendry have been mowing the lawn and digging out dandelions. There are more little tasks to take care of, especially with spring on the way. Flower trimming, weeding, planting, mulching ... what do YOU enjoy doing? In what area are YOU experienced?

Lyn and Jim would love for you to call them (707-445-2313) and discuss your ideas, what you'd like to do and when you'd like to do it. Maybe a socially distanced yard party? Sounds like fun to me.



The Venerable Pam Gossard

Deacon Updates

*Serving all people, particularly the poor, the weak, the sick,
and the lonely in our community*



The Lenten Socks and Hat Project for 2021

*"...for I was hungry and you gave me food,
I was thirsty and you gave me something to drink, ...I was naked and you gave me clothing."
Matthew 25:35-36a*

Good news!

During Lent, donations of **new socks** will again be collected at Christ Church. Adult socks will be given to Betty Chinn's ministry to the homeless and children's socks to The Forgotten Initiative ministry supporting foster children in our community.

Betty Chinn has also requested **warm hats and basic toiletry items** for those staying at the Nightly Emergency Winter Shelter in the next few weeks.



Please bring women's or men's adult socks, all sizes and children's socks, hats, and toiletry items to the church during office hours (Tues, Wed, Fri 9-1) by Palm Sunday, March 28. The collection box will be located directly opposite the church office door on the entrance by the vesting room. If the weather is bad, you might be directed to Lewis Hall.

And finally, from the Betty Chinn Foundation:

The past year has been a test of our resilience, and we're very grateful to be able to continue serving members of our community. We really appreciate all of your support.

Thank you for donating to these worthy causes!



February Birthday Wishes



Watch over your child, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when *they* stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* heart may your peace which passes understanding abide all the days of *their* life; through Jesus Christ our Lord. **Amen.**

Madeline Musante	02/03	Steven Preston	02/15
Haley Hogan	02/04	Sara Hines	02/16
Niksa Hammond	02/05	Stephen Lewis	02/17
Barry Brown	02/10	Josie Toy	02/20
Jannetje Vrieze	02/10	Celia Nord	02/23
Barbara Walser	02/11	Paige Harris	02/27
Luke Harris	02/13	Sanford Pyron	02/27
Nathan Frey	02/14	Rohn Selfridge	02/27
Royal McCarthy	02/15	Jimmie Nord	02/28



Happy Anniversary



O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church. Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Krys Call & Paula Till

02/14

Catherine & Barrett Mace

02/15



Did we miss your special day? The staff apologies for our time perception disorder with any omissions of birthdays and anniversaries. Send your special day information to:

christchurcheureka@gmail.com

We want to acknowledge and celebrate your special day next year!



The February 2021 Cycle of Prayers

for our Diocese and the Anglican Communion

Please pray for the diocese, congregations, and clergy listed below on the Diocesan and Anglican cycles of prayer as well as those prayers requested by our Bishop, Dean and Diocesan Search & Transition Committees.

Every Sunday, the Diocesan Transition Committee requests that we pray for our bishop.

Look graciously on your Church and our bishop, The Rt. Rev Megan Traquair, as she so graciously and ably serves as a caring, faithful pastor for your people, guiding and supporting us in our ministries during this time of Covid-19.

Every Sunday, The Very Rev. Sara Potter, Dean of our Semper Virens Deanery, has asked us to pray for: Christ Church, Eureka

Intercessor We pray for the congregations of our deanery, this month for the people of Christ Church, Eureka, that they may continue to glorify God in the beauty of holiness as they walk together in the Way of Love and experience the healing touch of the Holy Spirit through service, sensitivity, and sacrifice. Lord,

People Hear our prayer.



February 7

DIOCESAN CYCLE OF PRAYER

Our Savior Episcopal Church, Placerville
The Rev. Debra Sabino, Rector
The Rev. Christine Leigh-Taylor, Associate
The Rev. Stephen Shortes, Deacon

St. Matthew's Episcopal Church, Sacramento
The Rev. Canon Anne Arthur, Priest Associate
The Rev. Grant Bakewell, Jr., Associate
The Rev. Rik Rasmussen, Associate
The Rev. Babette Haggenjos, Deacon

ANGLICAN CYCLE OF PRAYER

The Anglican Church of Burundi
The Most Rev. Martin Blaise Nyaboho, Archbishop

February 14

DIOCESAN CYCLE OF PRAYER

The Church of the Ascension Episcopal Church
Vallejo
The Rev. Bayani D. Rico, Rector

ANGLICAN CYCLE OF PRAYER

The Anglican Church of Canada,
The Most Rev. Linda Nicholls
Archbishop and Primate.

February 21

DIOCESAN CYCLE OF PRAYER

The Epiphany Episcopal Church, Vacaville
The Rev. Mack Olson, Rector,
The Rev. Canon Cookie Clark, Deacon

St. Michael and All Angels Episcopal Church,
Fort Bragg
The Rev. Randy A. Knutson, Priest-in-Charge

ANGLICAN CYCLE OF PRAYER

The Church of the Province of Central Africa
The Most Rev. Albert Chama, Archbishop
of Central Africa
& Bishop of Northern Zambia

February 28

DIOCESAN CYCLE OF PRAYER

Emmanuel Episcopal Church, Grass Valley
The Rev. Seth Kellermann, Rector
The Very Rev. Canon Mary Hauck, Associate
The Rev. Dr. Richard Johnson, Associate
The Rev. Dr. David Davidson-Methot, Associate
The Rev. Mark Parker, Associate
The Rev. Phil Reinheimer, Associate
The Rev. Gary Brown, Deacon

ANGLICAN CYCLE OF PRAYER

The Anglican Church of Central America
The Most Rev. Julio Murray Thompson
Primate and Bishop of Panama

March 7

DIOCESAN CYCLE OF PRAYER

Faith Episcopal Church, Cameron Park
The Rev. Tom Gartin, Priest in Charge
The Rev. Sonya Reichel, Assistant Rector

St. Michael's Episcopal Church, Carmichael
The Rev. Mary Clausus, Rector
The Rev. Rod Davis, Associate
The Rev. Cindy Long, Deacon
The Rev. Roy Whitten, Assisting Priest

ANGLICAN CYCLE OF PRAYER


The Province of the Anglican Church of the Congo
The Most Rev. Zacharie Masimango Katanda,
Archbishop of the Congo & Bishop of Kindu

If you wish to offer prayers daily for the church in the world, our Anglican Cycle of Prayer has a daily list of diocese and clergy who would benefit from your prayer ministry. This list can be obtained via this website: <https://www.anglicancommunion.org/resources/cycle-of-prayer/download-the-acp.aspx>. If you do not have a computer, I would be glad to make a copy of the 2021 Anglican Cycle of Prayer for you.

Anne Pierson, Deacon



FEBRUARY 2021

SUN	M	T	W	Th	F	SAT
	1 Presentation of Jesus in the Temple	2	3	4	5	6
7 Fifth Sunday after the Epiphany 10:30 Online Worship Holy Eucharist: Rite II https://www.youtube.com/user/ChristChurchEureka	8	9	10	11	12	13
14 Last Sunday after the Epiphany Celebration of the 150th Anniversary of the Consecration of Christ Church 10:30 Online Worship Holy Eucharist: Rite II https://www.youtube.com/user/ChristChurchEureka	15	16	17 ASH WEDNESDAY 12 noon Online Liturgy https://www.youtube.com/user/ChristChurchEureka 	18	17	20
21 First Sunday in Lent 10:30 Online Worship Holy Eucharist: Rite II https://www.youtube.com/user/ChristChurchEureka	22	23 9:00 pm – Episcopal Bedtime Prayer https://www.facebook.com/ChristChurchEureka/	24 St. Matthias, Apostle	25	26	27
28 Second Sunday in Lent 10:30 Online Worship Holy Eucharist: Rite II https://www.youtube.com/user/ChristChurchEureka						



The Right Reverend Megan M. Traquair
Bishop
THE EPISCOPAL DIOCESE OF NORTHERN CALIFORNIA



CHRIST EPISCOPAL CHURCH

CLERGY AND STAFF

The Rev. Dr. Daniel D. London - Rector
The Rev. David Shewmaker - Associate Priest
The Rev. K Lesley McCloghrie - Associate Priest
The Venerable Pam Gossard - Archdeacon
The Rev. Anne Pierson - Deacon

Merry Phillips - Music Coordinator and Organist
David B. Powell - Choir Director
Dr. Douglas Moorehead - Organist Emeritus
Thomas Swanger - Parish Administrator

THE VESTRY

Royal McCarthy, Senior Warden; John Patton, Junior Warden; Peg Gardner, Clerk;
Dr. Robert (Bob) Hines, Treasurer; The Venerable Pam Gossard; Jim Hendry, Sharon Kalberer,
Bev Olson, Steven Preston, Laura Rose, Nellie Thompson, Jannetje Vrieze, Belinda Zander

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